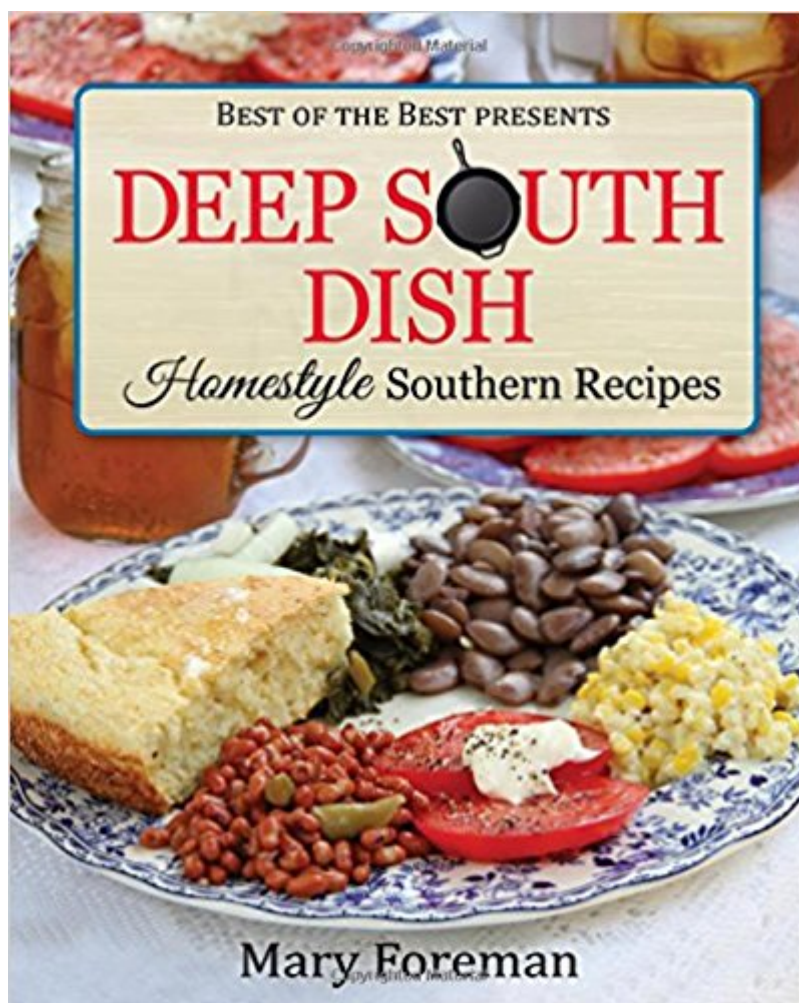


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# Deep South Dish: Homestyle Southern Recipes (Best Of The Best Presents)



## Synopsis

Mary Foreman loves to share her Homestyle Southern Recipes - like her mother and grandmother used to make. A popular food blogger and recipe developer, Mary gets millions of unique page views per year to her blog Deepsouthdish.com. She calls on her heritage of good cooking for recipes that all have one thing in common - incredibly great taste! So pull up a chair, grab a glass of sweet tea, and join Mary in dishing up good ole southern recipes from the Deep South USA.

## Book Information

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## Customer Reviews

This is most definitely a 5 STARR book and one that will be used all the time and have a special place on the shelf you keep books on. This was given to me as a gift, and one of the best gifts I have had in a while. The recipes brought back great memories of things I cooked in the past, and some for recipes I had lost. Recipe for Sausage Gravy - awesome. And the one for the Caramel Cake - I have made that many times, but misplaced the recipe - so this was great. And the Southern Fried Pies, Ham Salad, Creamy Southern Garlic Grits - just reading thru the book got my appetite going and the family is happy I will be making some recipes they had in younger years - now when they come to visit. But this is a book I will keep on the shelf - just to read thru this, bring back great memories and gets me ready to cook again.

Best of the Best has published another winner in "Deep South Dish" by Mary Foreman. The cover photo alone is enough to make you homesick for the south and all the summer veggies that many southerners plant in their summer gardens -- peas, corn, butter beans, turnip greens, a chunk of buttered cornbread, sweet tea in a mason jar and sliced tomatoes with dollops of sour cream dusted

with black pepper! Did I say, "heaven on a blue plate"? I first saw this cookbook on QVC, but it was in sold-out status within minutes of it coming on air and it would be a while before they could get more. One of the recipes QVC's Kitchen King, David Venable, sampled that day was Chicken and Dumpling Casserole. It sounded delicious, easy, and simple that I knew I wanted to try it. David did the "Happy dance, happy dance!" when Mary Foreman gave him a taste of chicken and dumplings. I could only imagine what it tasted like, until a few days ago when I found a copy of "Deep South Dish" in my mailbox! Now I was the one doing the happy dance, happy dance! The first recipe I tried was that Chicken and Dumpling Casserole and while my mother-in-law never used a can of soup in her version of the recipe, the taste of Mary Foreman's recipe came close to the same taste of my mother-in-law's. It was delicious and we all loved it here. The second recipe I tried was the Wedge Salad with Comeback Dressing. For a long time now I've wanted to try a Comeback sauce recipe, so this was the logical recipe to try next. I had the Wedge Salad 'down pat' as we sometimes say here in the south, but I've always bought salad dressings ready-made. Never again will I buy a salad dressing when this one tastes so much better. We have used it up as dressing on that lettuce wedge, sandwich spread, and dip for corn chips and it just got better and better as the days passed by. I made a second batch today and will probably keep some in the fridge at all times. It's that good! There is something southern for everyone in this cookbook. There are only four beverage recipes but they are for southern tastes such as sweet tea, watermelon margaritas, hurricanes, and lemonade. Southern breads include buttermilk biscuits, ham and cheese biscuits, hushpuppies, cornbread, pecan pie muffins, just to name a few. Garlic cheese grits and sausage gravy are covered also. There are soups, stews, gumbos, and chili recipes. Every southern dinner table has a version of Fire 'n Ice Summer Salad on it, or seven layer salad or coleslaw. This cookbook delivers on salads and dressings! It also delivers on side dishes like Maque Choux, Creamed Corn, Fresh Corn Casserole and countless recipes for fried okra, collard greens, fried cabbage, and squash casserole. There are even recipes for Cajun Dirty Rice and yellow rice, bacon and egg fried rice and many pasta recipes. There is a whole chapter of chicken recipes -- again, something for everyone. Many recipes for seafood, beef and pork are also included. I've saved the desserts for last, even though there is a southern saying that says to "Eat dessert first, life is short". Pies, cakes, cookies, galore! Red Velvet, Caramel, 1-2-3-4 Yellow Birthday Cake, Mississippi Mud Cake, Snickerdoodles, Sugar Cookies, Bourbon Balls, Hello Dollies, Southern Bread Pudding, Baked Custard, Banana Pudding -- where do I even start in picking out one or two to try? Heck, I'm going to try them all. I need new favorites anyway! I don't believe I've ever looked forward to a trying out a new cookbook as much as this one. I just need to decide which recipes I want to try next and get my inner southern

girl into the kitchen. Mary Foreman has a wonderful food blog at [www.DeepSouthDish.com](http://www.DeepSouthDish.com) Go check it out and make friends with a style of cooking that you may have been missing out on. No more excuses that you can't cook that way because you aren't from the south. Once you open Deep South Dish, there is no turning back!

I am working my way through this book. So far, everything has been a hit. You have to try the breakfast casserole. I make it on the weekends to feed the 'small army' that is my household. Good news - she (Mary the author) offers tips how to double the recipe for when you have a crowd. Be prepared to do so. Throughout the book, there are plenty of photos to guide you AND suggestions for alternate variations on the main recipe. All of this is helpful. The directions are written in clear and easy English. Also, the directions are step by step and in the order in which they are to be done by the preparer. I can see this as handy for the new cook or for someone (like me) who is looking to expand their repertoire of regional American cuisine. Read her backstory, it is inspiring. If you have questions for her she will answer you quickly. Cannot say enough about the book and the author!

Good cookbook for a skilled beginner or mid-level cook. I knocked off a star because I specifically purchased this book due to an online recipe for Layered Banana Split Cake which I misplaced years ago and this was the exact recipe. It was listed as a Deep South Dish recipe and the book was pictured next to it. ALAS!! This recipe is not in the book...I wanted the book to memorialize this find and for the great picture of this dessert. Otherwise, people who like Southern Food should find the listings familiar and the recipes not too hard to try.

I LOVE this cookbook!! So far I have tried the Roasted Red Pepper Pimento Cheese, the Sausage Cheese Bread, the Homemade Chicken Stew, Loaded Twice Baked Potato Casserole and the Classic Lemon Squares recipes and they were all fabulous! I have had a lot of pimento cheese recipes in my lifetime and this is by far the BEST I HAVE EVER HAD!! It calls for roasted red peppers, which I admit, I cheated and didn't roast myself. I bought a jar of roasted red peppers to save time, but it was still fabulous. I made the Sausage Bread for my kids one morning and they loved it. I couldn't find the frozen bread dough it called for, but I used refrigerated french bread loaf (by the crescent rolls) and it still worked. Took the Twice Baked Potato Casserole to our friends' house Sat. night and it was wiped out! I really love how colorful the book is.. pictures of food are great and the colored tabs help me to easily reference sections. I like the Prep Time/ Cook Time/ Serving Size "skillet" at the top too. It's just a great book! LOVE LOVE LOVE it!

I was excited when I found this cookbook, and was eager to receive it--my husband and I are always looking for new things to cook. I purchased a Taste of Home cookbook that was ABSOLUTELY TERRIBLE! However, receiving this cookbook made up for my disappointment in the other book EXPONENTIALLY! When I buy a cookbook, I always go through it and mark the recipes that I want to try. The Deep South Dish cookbook was different, however.....I want to try virtually ALL OF THEM! I love, love, LOVE this book! I will be searching for other cookbooks by this author in the hopes that I will discover even more great recipes! Keep 'em coming!

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